



# Tea Tree

**Botanical Name: Melaleuca alternifolia**

**Family:** Myrtaceae

**Safety:** Use well diluted on skin. As oil ages it becomes oxidized and acidic. Use very well diluted on animals as it has caused toxicity in high dosages.

**Blending Note:** Top to mid

**Aroma strength:** Strong

**Scent Description and General uses:** It is a strong, woody, clean scent with a hint of distinct disinfecting smell. One of the best known essential oils. Used to help with infections or many kinds and to keep things clean whether on the body or in the home.

**Blends well with:** Most oils especially Eucalyptus, Orange, Thyme, Clove, Cinnamon, Ginger, Grapefruit, Cajeput

## Indepth profile

**Extraction:** Steam distillation of leaves and twigs

**Chemistry:** Terpenes, Alcohols, Oxides

## Approved claims and benefits from Health Canada Recommendations:

Used in aromatherapy to help relieve colds/cough.



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**Botanical Name:** Melaleuca alternifolia

## **Herbal Folk and Traditions:**

**History:** This fast growing tree is native to Australia. It is ready for harvest every 2 years even if the tree is cut down. Australian aboriginals have been using it for years as an antibacterial agent and other medicinal purposes. Tea tree cutters and producers in Australia were exempt from military service during WW 2 as military personnel in the allied forces were issued the oil in their first aid kits.

## **Traditional Uses:**

**Mind:** Energy stimulant

**Emotions:** Shock

**Skin:** Tea tree is great for any skin issues that are due to trauma, infection, bacteria, fungus or parasite

**Respiratory:** Good for any respiratory issues that are due to infection, bacteria, or fungus.

**Cardiovascular:** Stimulates circulation

**Immune:** Known to be very helpful with all of the following ailments: Lymphatic stimulant, strep and staph infections, colds, flu, fever, viral infections, fungal infections, children's infections

**Digestive:** Great in a mouth wash for mouth issues such as mouth ulcers, gingivitis, dental abscesses and ulcers, digestive parasites and infections

**Reproductive:** Can be helpful with all reproductive infections including cystitis, vaginitis, and thrush

## **Safety and usage information:**

Do not take internally, Do not use undiluted (NEAT) on the skin, check individual safety information for any and all combinations when blending or using blended products.

Check essential oils and medications that individuals are currently using for contraindications. Keep out of reach of children. Caution with all animals. Do not use topically on cats.

Essential oil and water do not mix you must blend a dispersant with the essential oil before adding to water (including when using in baths), keep away from flame.