



Carrot Seed

Botanical Name: Daucus Carota

Family: Umbelliferae also known as Apiaceae

Safety: Avoid during pregnancy.

Blending Note: Middle

Aroma Strength: Strong

Scent Description and General Uses: A very Ground/Earthy tone, a good base note. Will overpower many other essential oils so use sparingly. Usually used with or for skin products, to aid with digestion, to help with relaxation and emotions

Blends well with: Bergamot, juniper, lavender, lemon, lime, melissa, neroli, orange, petitgrain & rosemary

Indepth profile

Extraction: The oil is distilled from the fried, comminuted seed. You may see some sites that include photo toxicity in the safety information. This might be because some processors cold press the whole seed to extract the oil. The information below relates to the distilled oil only.

Chemistry: Alcohols 40%, Terpenes, Esters

Approved claims and benefits from Health Canada Recommendations:

No Data



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Herbal Folk and Traditions: The carrot originated in Afghanistan and was known to the Greeks and Romans. The more familiar, edible, orange root was developed by the Dutch in the seventeenth century. The wild flower, Queen Anne's Lace was brought to the New World by English settlers. In France in the sixteenth century carrots were prescribed for digestive issues and to help with liver disorders. In Traditional Chinese Medicine it is used to treat dysentery and to expel worms. The carrot oil used in cosmetics is usually carrot root extracted into vegetable oil. Marigold (Tagetes) is sometimes sold as "carrot oil."

Traditionally used in herbal medicine for the following issues:

Cardiovascular: Regulates, anemia, hypotension, increases circulation

Digestive: Anorexia, colic, indigestion, detoxifies/regulates liver, eases gallbladder, problems, constipation and diarrhea, colitis, flatulence, jaundice

Emotional: Anxiety, stress, exhaustion, removes psychic blocks, increase inner vision

Endocrine/Urinary: kidney stones (expels), cystitis, fluid retention, Regulates pancreas, regulates pituitary, tonic for hormonal system

Immune: Aids toxin elimination, stimulates lymph system, stimulant

Muscular/Skeletal: Arthritis, rheumatism, gout, relieves muscle tension

Reproductive: Regulates menstrual cycle, increases milk flow, PMS, aids conception

Respiratory: Coughs, bronchitis, strengthens mucous membranes, flu

Skin: Aids elasticity and tone, nourishing, age spots, premature aging, wrinkles, ulcer pain, scars, weeping sores, ulcers, boils, eczema psoriasis, calluses, corns, pre-cancerous conditions

Safety and usage information: Do not take internally, Do not use undiluted (NEAT) on the skin, check individual safety information for any and all combinations when blending or using blended products. Check essential oils and medications that individuals are currently using for contraindications. Keep out of reach of children. Caution with all animals. Do not use topically on cats. Essential oil and water do not mix you must blend a dispersant with the essential oil before adding to water (including when using in baths), keep away from flame.